

COME AND VISIT THE WEEK OF

COMING OUT DAY!

**A SPECIAL PROGRAM
IN THE CONTEXT OF
COMING OUT DAY**

MA 11 OKT |

OPEN CONVERSATION

WOE 13 OKT | OPEN EDUCATION

DO 14 OKT | FILMNIIGHT

'MONUMENT OF PRIDE'

TRY OUT PHOTO-SHOWCASE

HUMANS OF COC LEIDEN

Kijk voor meer info: www.cocleiden.nl/agenda



COC LEIDEN

Programm COMING OUT DAG 2021

- Wees gewoon jezelf -

Coming Out Day: everyone can be who they are and who they want to be. Everyone has the right to safety and connection, regardless of sexual orientation and/or gender identity and/or gender expression. To celebrate this and at least as important, to have a conversation about it, we are organizing a special Coming Out Day week!

In addition to various visibility campaigns in the city, we offer interesting activities for meeting, connecting and to dive into content. Come and watch, listen, talk, exchange ideas or discuss topics that we want extra attention for on Coming Out Day. Bring your friends, family colleagues or acquaintances too or others who are interested in listening to personal stories and experiences, to learn from each other or to meet new people.

We welcome everyone provided you participate with respect for everyone's opinion and for the safe space we create.

Location: COC de Kroon, 65 Langegracht in Leiden.

Admission and two drinks per person (coffee/tea and beer/soft drinks/wine) are free!

Hope to see you!

N.B. We stick to the corona measures in force for the catering industry. De Kroon is wheelchair accessible and has gender-neutral toilets.

KOM OOK NAAR DE WEEK VAN
COMING OUT DAY!

**MA 11 OKT | OPEN
CONVERSATION
WITH PANEL:**

Magda Römgens, miss Senior Pride

Kai Tjong-Ayong, student aan UL

Jens Guijt, LHBTI_Kattuk

Annet Struik, Bi+NL

Speciale gast: **Yvonne van Delft,
wethouder Emancipatie**

Moderator

Annemiek van Soest,

Het Echte Gesprek



COC LEIDEN

Maandag 11 oktober 20.00 - 22.00 uur (in Dutch)

Open discussion evening with a panel, on themes such as visibility and safety, being yourself and LGBTI+, young and old.

How safe is being visible?

Being concerned with your own visibility is vulnerable. It takes self-knowledge to know who you are and what you want to show. And that in an outside world of which you do not always know how it will react or in which violence and discrimination seem to be lurking more and more. How do you, as an LGBTI+ person, as a human being, deal with your own visibility? Do you think about what 'they' will think of you? Or are you just thinking about what you have to offer? Do you feel safe enough to be visible?

LGBTI+, Young and Old

LGBTI+ people come in all shapes and sizes and also in all generations. What has changed in the past 25-50 years for the acceptance, emancipation and visibility of the rainbow community? What are the consequences of the past for 'pink elderly' today? What is the generational difference between younger and older LGBTI+ people?

We want to know about your story, your experience and your opinion about being visible. On the basis of open questions and a number of statements, we enter into a discussion with the panel and with each other. You can come and talk or just come and listen. Whatever you

Panel

- **Magda Römgens**, Miss Senior Pride 2021. Together with writer Eveline van der Putte (Stormacht Stil) and drag queen/Pride Ambassador Victoria False, Magda tours throughout the country with Tour d'Amour. The three provide information to seniors, students and schoolchildren about LGBTI+ seniors and sexual and gender diversity. They do this on the basis of life stories of LGBTI+ people and matching songs.
- **Kai Tjong-Ayong**, Archeology student at UL. Kai was interviewed for the book 'X Alles en Niets' by Nanoah Struik and Mona van den Berg, about people who do not or do not fully conform to the binary norm that we know in our society. Kai started their medical transition some time ago and considers their gender fluid, just as pronouns are not fixed for them either.



Foto: Hielco Kuipers



Foto: Facebook

- **Jens Guijt**, chairman of LGBTI-Kattuk, the youth platform for LGBTI+ young people from Katwijk. The platform was established to draw attention to the LGBTI community in Katwijk and thereby increase the acceptance and visibility of this community in the predominantly Christian village.
- **Annet Struik**, Head of Training & Information at Bi+ (www.biplus.nl). Bi+ Netherlands is working on a bi+ inclusive society, in which there is more room for everyone to shape love, lust and relationships in the way that suits them best. The focus is on community building, policy & government and 'knowledge & research'. Annet, herself Bi+, helps changemakers and queers to make the impact they want through training, coaching, speaking and facilitating meetings. She is also developing a card game that facilitates good conversations about being Bi+.
- **Special guest: Yonne van Delft** (Groen Links)
Alderman for Emancipation (Leiden Municipality)
- **Moderator:** Annemiek van Soest, information officer at COC Leiden, facilitates conversations about the essentials of life. Making contact, listening and tuning in to the other, because only then true connection can arise.



Foto: Kattuk.nl



Foto: Linked In



Foto: Twitter



Foto: D.Helaha

KOM OOK NAAR DE WEEK VAN
COMING OUT DAY!

**WOE 13 OKT |
OPEN EDUCATION
EVENING**

**ABOUT SEXUAL AND - EN
GENDER DIVERSITY**

**By educators of van COC Leiden,
lead by
Remke Verdegem**



Woensdag 13 oktober 2021 19.30 - 21.30 uur (Dutch)
Open education evening about sexual and gender diversity

Swearing with 'gay' on sports fields and schools, violence against transgender people, that really has to stop. To achieve this, we give information lessons about sexual and gender diversity. During this open evening, educators from COC Leiden will tell you more about these lessons.

Not up to date by the LGBTI' letters? Wondering why all those boxes are necessary? What is the difference between sexual orientation and gender identity? What does a standard information lesson look like? Can this class be taught at my school?

An answer is given to these and all other questions. The theory is explained on the basis of the Genderbread person. There is also room for an open discussion and the importance of information lessons is explained. Also: why the 'coming out' story of the information officer(s) is so important and why a Gender & Sexuality Alliance (GSA) can increase the feeling of safety at school.

What do our educators do?

In pairs, educators give an interactive guest lesson on the entire LGBTI+ spectrum to a (secondary) school class and tell their own story (or that of another LGBTI+ person). For the transfer of knowledge they use the 'Genderbread person'. Personal contact and empathy have been shown to be effective in reducing negative prejudices and stereotyping.



Remke Verdegem, educator at COC Leiden and board member of Transgender Network Netherlands (TNN) with work & education in her portfolio. Remke is an absolute champion of equal rights and acceptance and visibility of LGBTI+ people and can be seen regularly as a guest speaker or in the media. In 2020 she was nominated for the Leiden Top 50, the list of women who make a difference in Leiden and who like to support other people. Remke described this as 'recognition for my work'.



Foto: D.Helaha

KOM OOK NAAR DE WEEK VAN
COMING OUT DAY!

**DO 14 OKT |
OPEN MOVIE NIGHT**

**WITH
'MONUMENT VAN TROTS'
(DUTCH WITH ENGLISH SUBTITLES)**

**Including an aftertalk with
the director Sebastiaan Kes**



COC LEIDEN

**Donderdag 14 oktober 2021 19.30 - 22.00 uur
(Dutch with English subtitles)**

'NAAR VRIENDSCHAP ZULK EEN MATELOOS VERLANGEN'
(Jacob Israël de Haan (1881-1924))

Screening of the film 'Monument of Pride' that was released when the Homomonument in Amsterdam celebrated its 30th anniversary. The film shows the emancipation struggle of the Dutch LGBTI movement in the past and present, provides a picture of the diversity of the contemporary LGBTI community and emphasizes the uninterrupted relevance of the Homomonument.

Monument of Pride premiered at the Homomonument in 2017: in the open air and freely accessible to everyone, in the spirit of the monument. Our movie night is therefore, just like all other evenings this week, freely accessible to everyone! There is free popcorn for movie night.

Afterwards there will be a discussion with the maker Sebastiaan Kes. Watch the trailer of the film [here](#).

Sebastiaan Kes is an independent filmmaker, 'creative director' who makes corporate video productions for large companies. Among other things, he is very experienced in making documentaries and conceptual development. Sebastian is currently working on a large social media project for 'pink elderly', entitled 'Later'. The attention and care for the increasingly vulnerable group of LGBTI elderly can be significantly increased and improved, for example in care and welfare institutions and in the government. COC Leiden is one of the local COC associations that works together with Sebastiaan and Stichting Jura for this important project.

Monument of Pride

For more information about the documentary, the exhibition and the personal stories of people about the significance of the gay monument in their lives, see www.monumentvantrots.nl

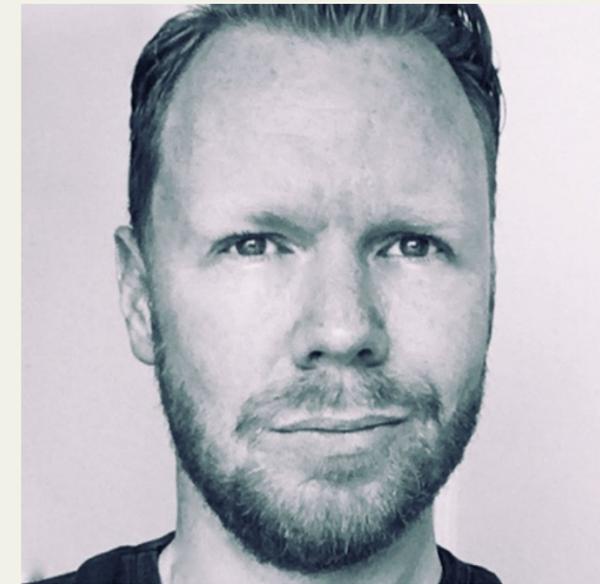


Foto: Linked In

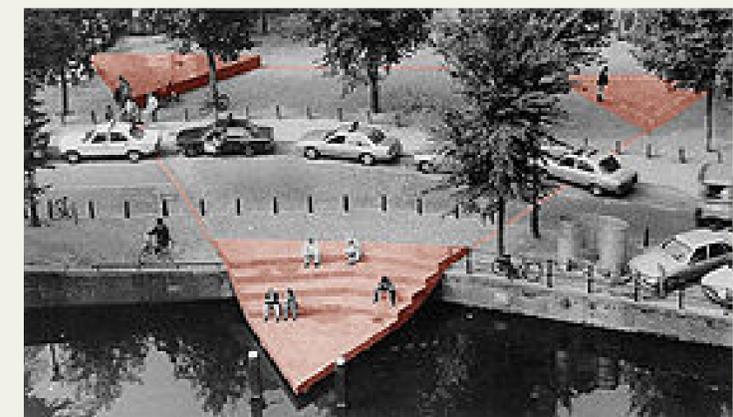


Foto Wikipedia:

KOM OOK NAAR DE WEEK VAN

COMING OUT DAY!

TRY OUT FOTOTENTOONSTELLING HUMANS OF COC LEIDEN

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COC LEIDEN PRESENTEERT

HUMANS OF COC LEIDEN

Try out fototentoonstelling
Door Debbie Helaha

COC LEIDEN IS DE BELANGENBEHARTIGER VAN DE LHBTI+-GEMEENSCHAP IN DE LEIDSE REGIO. DE VERENGING DRAAIT ALLEEN OP VRIJWILLIGERS. WIE ZIJN DEZE MENSEN DIE ZICH MET HART EN ZIEL INZETTEN? WAT IS HUN VERHAAL?

VOOR DEZE TRY OUT ZIJN ZES VRIJWILLIGERS GEPORTRETTEERD.

GEWOON ZOALS ZE ZIJN.

DE TRY OUT IS EEN OPMAAT NAAR EEN GROTERE PORTRETREEKS OM DE MENS ACHTER DE VRIJWILLIGER IN BEELD TE BRENGEN.

september 2021

COC De Kroon

Langegracht 65 LEIDEN

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