

Invitation to welfare visits for seniors

Incluzio and the Municipality of Leiden believe it is important that the seniors in our city are doing well. That is why we would like to talk to you.

Welfare visit to everyone from 75 years

All residents aged 75 and older who live independently will receive an invitation for a welfare visit. A volunteer, intern or senior coach from Incluzio Leiden will visit you. We would like to hear how you are doing and whether you are satisfied with your situation. We also bring information about activities and options for support in the neighborhood for you. Volunteers and senior coaches are experienced in conversations with the elderly. They can always identify themselves and have a Declaration on Behavior.

Free

There is no charge for the wellness visit. Support from the senior coaches of Incluzio Leiden is also free. If you decide to participate in an activity, the minimum costs associated with this activity will apply.

Are you interested in a wellness visit?

Then we ask you to fill in the form on [our website](#). Would you rather call or email us? Then contact the senior coach in your district. You will find the contact details at the bottom of this [webpage](#). We can assist you by telephone in Dutch and English.

We will make an appointment with you at a time that suits you. The visit takes about an hour. If you like, you can ask someone you know well to be present for this conversation. We work according to the guidelines of the RIVM and observe the corona measures. Because we get a lot of registrations for these conversations, it may take a while before we get back to you. If you would like an appointment in the short term, do not hesitate and call the senior coach in your district.

Not interested in participating? We also ask you to indicate this using the form on our [website](#). Of course you can also call or email us about this.